IN THE CLAIMS:

Please amend the claims to read as follows:

(Twice Amended) A composition consisting essentially of:
a polyolefin prepared by the metathesis of an olefin monomer using a ruthenium or
osmium carbene catalyst; and

one or more toughness and/or hardness modulators, the one or more toughness and/or hardness modulator comprising a silicone.

- 2. (Original) The composition of claim 1, wherein the polyolefin is poly-DCPD.
- 3. (Cancelled)

1

- 4. (Amended) The composition of claim 3 1, wherein the silicone is polysiloxane.
- 5. (Amended) The composition of claim 4 1, wherein the polysiloxane is a poly(dimethylsiloxane) or a poly(diphenylsiloxane).
- 6. (Original) The composition of claim 2 wherein the one or more toughness modulators is present in an amount between about 0.1% and about 20% by weight of the olefin monomer.
- 7. (Original) The composition of claim 6 wherein the one or more toughness modulators is present in an amount between about 0.5% and about 10% by weight of the olefin monomer.
- 8. (Original) The composition of claim 7 wherein the one or more toughness modulators is present in an amount between about 1% and about 5% by weight of the olefin monomer.
- 9. (Cancelled)
- 10. (Cancelled)
- 11. (Cancelled)
- 12. (Cancelled)

- 13. (Cancelled)
- 14. (Cancelled)
- 15. (Cancelled)
- 16. (Cancelled)
- 17. (Cancelled)
- 18. (Twice Amended) An article of manufacture A golf club head consisting essentially of:

a polyolefin prepared by the metathesis of an olefin monomer using a ruthenium or osmium carbene catalyst; and

one or more toughness and/or hardness modulators.

- 19. (Cancelled)
- 20. (Amended) The article of manufacture golf club head of claim 19 18 wherein the polyolefin is poly-DCPD.
- 21. (Cancelled)
- · 22. (Cancelled)
- 23. (Cancelled)
- . 24. (Cancelled)
- 25. (Twice Amended) A process for preparing a composition having hardness or toughness properties consisting essentially of contacting a cyclic olefin with a ruthenium or osmium carbene catalyst and one or more hardness and/or toughness modulators, the one or more toughness and/or hardness modulator comprising a silicone.
- 26. (Cancelled)
- 27. (Cancelled)
- 28. (Amended) The process of claim 27 25 wherein the silicone is a polysiloxane.

- 29. (Original) The process of claim 28 wherein the polysiloxane is a poly(dimethylsiloxane) or a poly(diphenylsiloxane).
- 30. (Original) The composition of claim 26 wherein the one or more toughness modulators is present in an amount between about 0.1% and about 20% by weight of the olefin monomer.
- 31. (Original) The composition of claim 30 wherein the one or more toughness modulators is present in an amount between about 0.5% and about 10% by weight of the olefin monomer.
- 32. (Original) The composition of claim 31 wherein the one or more toughness modulators is present in an amount between about 1% and about 5% by weight of the olefin monomer.
- 33. (Cancelled)

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34. (Previously Amended) A composition comprising:

a polyolefin prepared by the metathesis of an olefin monomer using a ruthenium or osmium carbene catalyst; and one or more toughness modulators; wherein the olefin monomer is a dicyclopentadiene and the one or more toughness modulators is poly(dimethylsiloxane) or poly(diphenylsiloxane).

- 35. (Original) The process of claim 25 wherein the cyclic olefin is dicyclopentadiene.
- 36. (Original) The composition of claim 1 wherein the olefin monomer is dicyclopentadiene.
- 37. (Original) A composition comprising:

a polyolefin prepared by the metathesis of an olefin monomer using a ruthenium or osmium carbene catalyst; and

one or more toughness and/or hardness modulators, wherein the one or more toughness modulators comprises a silicone.

- 38. (Original) The composition of claim 37, wherein the silicone is a polysiloxane.
- 39. (Original) The composition of claim 38, wherein the polysiloxane is a poly(dimethylsiloxane) or a poly(diphenylsiloxane).
- 40. (Original) An article of manufacture comprising:

a polyolefin prepared by the metathesis of an olefin monomer using a ruthenium or osmium carbene catalyst; and

one or more toughness and/or hardness modulators,

wherein the polyolefin is poly-DCPD, and wherein the article is a molded part selected from the group consisting of a golf club head and a golf club shaft.

- 41. (Original) A process for preparing a composition having hardness or toughness properties comprising contacting a cyclic olefin with a ruthenium or osmium carbene catalyst and one or more hardness and/or toughness modulators, wherein the one or more toughness modulators comprises a silicone.
- 42. (Original) The process of claim 41, wherein the silicone is a polysiloxane.
- 43. (Original) The process of claim 42, wherein the polysiloxane is a poly(dimethylsiloxane) or a poly(diphenylsiloxane).
- 44. (Original) A golf club shaft consisting essentially of:a polyolefin prepared by the metathesis of an olefin monomer using a ruthenium or

osmium carbene catalyst; and

one or more toughness and/or hardness modulators.

1